



**ILLINOIS RAW**

# **RECORD**

**CERTIFICATE**

**THIS CERTIFIES THAT**

**TOM DENISON**

**SUCCESSFULLY SET THE  
-83 KG MASTER 1 SQUAT  
RECORD OF**

**177.5 KG**

**POWER EXPRESS PRESENTED BY MPG FITNESS**

**12/20/2025**

*Robert Keller*

**ROBERT KELLER**

PRESIDENT, POWERLIFTING AMERICA

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**BILL HELMICH**

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