



IOWA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT

ALEXANDER SYMONS

**SUCCESSFULLY SET THE
-93 KG JUNIOR BENCH PRESS SINGLE LIFT
RECORD OF**

167.5 KG

**POWER EXPRESS PRESENTED BY MPG FITNESS
12/20/2025**

Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA

