



IOWA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT
ALEXANDER SYMONS

SUCCESSFULLY SET THE
-93 KG JUNIOR SQUAT
RECORD OF
290 KG

POWER EXPRESS PRESENTED BY MPG FITNESS
12/20/2025

Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA

