



HAWAII RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT
FRANCES DANIELLE NOSIS
SUCCESSFULLY SET THE
84+ KG OPEN BENCH PRESS
RECORD OF
110 KG

MERRY LIFTMAS
12/14/2025



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA