



HAWAII RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT
LINDSEY JADE LIGSAY
SUCCESSFULLY SET THE
-63 KG JUNIOR BENCH PRESS SINGLE LIFT
RECORD OF
100 KG

MERRY LIFTMAS
12/14/2025



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA