



FLORIDA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT
DARREN NEMOW
SUCCESSFULLY SET THE
-105 KG MASTER 1 SQUAT
RECORD OF
237.5 KG

34TH ANNUAL FLORIDA SPORTS FOUNDATION SENIOR GAMES CHAMPIONSHIP
12/06/2025



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA