



MISSISSIPPI RAW
RECORD
CERTIFICATE

THIS CERTIFIES THAT
ALTA MIDDLETON
SUCCESSFULLY SET THE
-84 KG MASTER 1 BENCH PRESS SINGLE LIFT
RECORD OF
75 KG

LOUISIANA LIFTMAS CLASSIC
12/06/2025



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA