



SOUTH DAKOTA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT

BENJAMIN HEBDA

**SUCCESSFULLY SET THE
-93 KG JUNIOR BENCH PRESS SINGLE LIFT
RECORD OF**

137.5 KG

**SIoux EMPIRE OPEN
11/22/2025**



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA