



INDIANA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT
RONALD BOLAND
SUCCESSFULLY SET THE
-105 KG MASTER 1 BENCH PRESS SINGLE LIFT
RECORD OF
165 KG

INDIANA STATE CHAMPIONSHIPS
11/01/2025



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA