



OREGON RAW

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT

**VAL KRESS**

SUCCESSFULLY SET THE  
84+ KG MASTER 3 DEADLIFT SINGLE LIFT  
RECORD OF

**150 KG**

OREGON STATE CHAMPIONSHIPS  
11/01/2025

*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA

