



TEXAS RAW

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT

**LISA SHEN**

SUCCESSFULLY SET THE  
-63 KG MASTER 2 SQUAT  
RECORD OF  
**107.5 KG**

AVANCUS HOUSTON OPEN  
10/11/2025



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA