



NATIONAL RAW RECORD

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT  
**ROBERTA CARLSON**  
SUCCESSFULLY SET THE  
-69 KG MASTER 3 TOTAL  
RECORD OF  
**400 KG**

IPF WORLD MASTERS POWERLIFTING CHAMPIONSHIPS  
10/10/2025

*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA

