



WASHINGTON RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT

ROBERTA CARLSON

SUCCESSFULLY SET THE
-69 KG MASTER 3 BENCH PRESS SINGLE LIFT
RECORD OF
72.5 KG

IPF WORLD MASTERS POWERLIFTING CHAMPIONSHIPS
10/10/2025



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA