



**KANSAS RAW**

# **RECORD**

## **CERTIFICATE**

**THIS CERTIFIES THAT**

**RYUN COLE**

**SUCCESSFULLY SET THE  
-74 KG SUB JUNIOR BENCH PRESS SINGLE LIFT  
RECORD OF**

**115 KG**

**LARK INVITATIONAL  
09/20/2025**

*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA

