



IDAHO RAW

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT  
**SERENA ARAVE**  
SUCCESSFULLY SET THE  
-57 KG MASTER 1 TOTAL  
RECORD OF  
**345 KG**

IDAHO STATE CHAMPIONSHIP  
09/27/2025



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA