



LOUISIANA EQUIPPED

# RECORD

CERTIFICATE

THIS CERTIFIES THAT  
**LILA COOPER**  
SUCCESSFULLY SET THE  
-63 KG SUB JUNIOR DEADLIFT SINGLE LIFT  
RECORD OF  
**165 KG**

IPF WORLD SJ\_JR POWERLIFTING CHAMPIONSHIPS  
08/29/2025



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA