



NEW JERSEY RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT

ELLIOTT SYKES

SUCCESSFULLY SET THE
-74 KG OPEN BENCH PRESS SINGLE LIFT
RECORD OF

187.5 KG

IPF WORLD SJ_JR POWERLIFTING CHAMPIONSHIPS
08/29/2025



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA