



NATIONAL EQUIPPED RECORD

RECORD

CERTIFICATE

THIS CERTIFIES THAT
LAWSON LILLO
SUCCESSFULLY SET THE
-74 KG OPEN BENCH PRESS
RECORD OF
235 KG

IPF WORLD SJ_JR POWERLIFTING CHAMPIONSHIPS
08/29/2025

Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA

