



MINNESOTA RAW

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT  
**AMANDA LAWRENCE**

SUCCESSFULLY SET THE  
84+ KG OPEN BENCH PRESS  
RECORD OF  
**137.5 KG**

RISING TIDE  
08/16/2025



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA