



NATIONAL RAW RECORD

RECORD

CERTIFICATE

THIS CERTIFIES THAT

JIM KATHIOS

SUCCESSFULLY SET THE
-105 KG MASTER 3 BENCH PRESS
RECORD OF

156 KG

NAPF/FESUPO PAN AMERICAN POWERLIFTING CHAMPIONSHIPS
07/27/2025



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA