



CALIFORNIA RAW

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT

**RICK HOWE**

SUCCESSFULLY SET THE  
120+ KG MASTER 1 DEADLIFT  
RECORD OF

**232.5 KG**

1RM POWERMANIA  
06/21/2025



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA