



WASHINGTON RAW  
**RECORD**  
CERTIFICATE

THIS CERTIFIES THAT  
**CHRISTOPHER LACOUR**  
SUCCESSFULLY SET THE  
-93 KG MASTER 1 DEADLIFT  
RECORD OF  
**262.5 KG**

POLICE, FIREFIGHTER, AND MILITARY NATIONALS  
06/26/2025



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA