



PENNSYLVANIA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT

CATHY AVERY

SUCCESSFULLY SET THE
-69 KG MASTER 2 SQUAT
RECORD OF

137.5 KG

CLASSIC AND EQUIPPED AGE DIVISION NATIONALS
05/28/2025



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA