



NATIONAL RAW RECORD

RECORD

CERTIFICATE

THIS CERTIFIES THAT

JIM KATHIOS

SUCCESSFULLY SET THE
-105 KG MASTER 3 BENCH PRESS
RECORD OF

155 KG

CLASSIC AND EQUIPPED AGE DIVISION NATIONALS
05/28/2025



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA