



VIRGINIA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT

RICO TERRELL

**SUCCESSFULLY SET THE
-93 KG MASTER 1 BENCH PRESS SINGLE LIFT
RECORD OF
195 KG**

**IRONBUILT BASH
05/03/2025**



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA