



FLORIDA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT
JOHN DELGUIDICE

SUCCESSFULLY SET THE
-93 KG MASTER 4 BENCH PRESS SINGLE LIFT
RECORD OF
145 KG

7TH ANNUAL SOUTHERN STATES OPEN CHAMPIONSHIP
04/26/2025

Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA

