



PENNSYLVANIA EQUIPPED

RECORD

CERTIFICATE

THIS CERTIFIES THAT

UMA ABAKAROVA

**SUCCESSFULLY SET THE
-63 KG JUNIOR BENCH PRESS SINGLE LIFT
RECORD OF**

85 KG

**HIGH SCHOOL NATIONALS
04/10/2025**

Robert Keller

ROBERT KELLER

PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH

VP, POWERLIFTING AMERICA

