



LOUISIANA EQUIPPED  
**RECORD**  
CERTIFICATE

THIS CERTIFIES THAT  
**LILA COOPER**  
SUCCESSFULLY SET THE  
-57 KG SUB JUNIOR SQUAT  
RECORD OF  
**162.5 KG**

HIGH SCHOOL NATIONALS  
04/10/2025



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA