



NORTH CAROLINA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT

ALLAN SHADE

**SUCCESSFULLY SET THE
-105 KG JUNIOR BENCH PRESS
RECORD OF**

162.5 KG

**UNIVERSITY NATIONALS
04/03/2025**

Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA

