



NORTH CAROLINA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT
ALLAN SHADE
SUCCESSFULLY SET THE
-105 KG JUNIOR SQUAT
RECORD OF
245 KG

UNIVERSITY NATIONALS
04/03/2025

Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA

