



LOUISIANA EQUIPPED
RECORD
CERTIFICATE

THIS CERTIFIES THAT
CAROLINA ALVARADO
SUCCESSFULLY SET THE
-43 KG JUNIOR DEADLIFT SINGLE LIFT
RECORD OF
137.5 KG

2023 EQUIPPED NATIONALS
06/04/2023



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA