



FLORIDA RAW

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT

**JOHN LAFLAMME**

SUCCESSFULLY SET THE  
-83 KG MASTER 2 DEADLIFT SINGLE LIFT  
RECORD OF

**230.5 KG**

2023 CLASSIC SUB-JUNIOR JUNIOR AND MASTER NATIONALS  
06/02/2023



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA