



LOUISIANA EQUIPPED  
**RECORD**  
CERTIFICATE

THIS CERTIFIES THAT  
**MIKAYLA FORSYTHE**  
SUCCESSFULLY SET THE  
84+ KG JUNIOR DEADLIFT SINGLE LIFT  
RECORD OF  
**185 KG**

2023 HIGH SCHOOL NATIONAL CHAMPIONSHIP  
03/31/2023



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA