



LOUISIANA EQUIPPED
RECORD
CERTIFICATE

THIS CERTIFIES THAT
CAROLINA ALVARADO
SUCCESSFULLY SET THE
-47 KG OPEN DEADLIFT SINGLE LIFT
RECORD OF
135 KG

MISSISSIPPI OPEN
12/10/2022



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA