



LOUISIANA EQUIPPED RECORD CERTIFICATE

THIS CERTIFIES THAT
JOHN SYLVERA
SUCCESSFULLY SET THE
-59 KG OPEN DEADLIFT SINGLE LIFT
RECORD OF
195 KG

2022 EQUIPPED NATIONALS
06/19/2022



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA