



NATIONAL RAW RECORD

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT  
**EXISTING RECORD**

SUCCESSFULLY SET THE  
-105 KG MASTER 3 BENCH PRESS SINGLE LIFT  
RECORD OF  
**160 KG**

NMR  
01/01/2022



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA