



NATIONAL RAW RECORD

RECORD

CERTIFICATE

THIS CERTIFIES THAT
EXISTING RECORD

SUCCESSFULLY SET THE
-74 KG MASTER 3 BENCH PRESS SINGLE LIFT
RECORD OF
148.5 KG

NMR
01/01/2022



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA