



**NEW HAMPSHIRE RAW**

**RECORD**

**CERTIFICATE**

**THIS CERTIFIES THAT**

**JIM KATHIOS**

**SUCCESSFULLY SET THE  
-105 KG MASTER 3 BENCH PRESS SINGLE LIFT  
RECORD OF**

**155 KG**

**BENCH PRESS NATIONALS  
02/14/2025**

*Robert Keller*

**ROBERT KELLER**

PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**

VP, POWERLIFTING AMERICA

