



TEXAS EQUIPPED

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT

**ABIGAIL MITCHELL**

SUCCESSFULLY SET THE  
84+ KG JUNIOR BENCH PRESS SINGLE LIFT  
RECORD OF

**140 KG**

BENCH PRESS NATIONALS  
02/14/2025



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA