



OREGON RAW

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT

**CHRISTOPHER PTACEK**

SUCCESSFULLY SET THE  
120+ KG MASTER 1 BENCH PRESS SINGLE LIFT  
RECORD OF  
**190 KG**

IRON THROWDOWN  
02/01/2025



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA