



IOWA RAW

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT  
**TATE VAN ESSEN**

SUCCESSFULLY SET THE  
-83 KG JUNIOR BENCH PRESS SINGLE LIFT  
RECORD OF  
**132.5 KG**

LIFTING IN A WINTER WONDERLAND  
01/11/2025



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA