



LOUISIANA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT
MILO MCQUADE
SUCCESSFULLY SET THE
-105 KG JUNIOR SQUAT
RECORD OF
232.5 KG

CAJUN PREP OPEN
01/19/2025



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA