



FLORIDA RAW

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT  
**JOHN DELGUIDICE**

SUCCESSFULLY SET THE  
-93 KG MASTER 4 BENCH PRESS SINGLE LIFT  
RECORD OF  
**140 KG**

8TH ANNUAL POWERLIFTING AMERICA JACKSONVILLE OPEN CHAMPIONSHIPS  
01/18/2025



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA