



FLORIDA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT
SAMUEL HELMS
SUCCESSFULLY SET THE
120+ KG MASTER 2 SQUAT
RECORD OF
200 KG

33RD ANNUAL FLORIDA SENIOR GAMES CHAMPIONSHIP
12/07/2024

Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA

