



MARYLAND RAW

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT  
**ADAM BREGMAN**  
SUCCESSFULLY SET THE  
-105 KG SUB JUNIOR SQUAT  
RECORD OF  
**237.5 KG**

MARYLAND HOLIDAY CLASSIC  
12/14/2024



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA