



LOUISIANA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT
MILO MCQUADE
SUCCESSFULLY SET THE
-105 KG JUNIOR BENCH PRESS
RECORD OF
160 KG

LOUISIANA STATE MEET
11/23/2024

Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA

