



NEW YORK RAW

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT

**AMMON SHEA**

SUCCESSFULLY SET THE  
-83 KG MASTER 2 BENCH PRESS SINGLE LIFT  
RECORD OF  
**125 KG**

KILO FEAST AT JDI BARBELL  
11/23/2024



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA