



LOUISIANA EQUIPPED
RECORD
CERTIFICATE

THIS CERTIFIES THAT
KNUTE DOUGLAS
SUCCESSFULLY SET THE
-83 KG OPEN BENCH PRESS SINGLE LIFT
RECORD OF
232.5 KG

2024 IPF WORLD EQUIPPED OPEN POWERLIFTING CHAMPIONSHIPS
11/11/2024



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA