



MISSOURI EQUIPPED  
**RECORD**  
CERTIFICATE

THIS CERTIFIES THAT  
**DANIEL SIDES**  
SUCCESSFULLY SET THE  
-74 KG OPEN BENCH PRESS SINGLE LIFT  
RECORD OF  
**150.5 KG**

10TH ANNUAL NAPF/FESUPO PAN-AMERICAN REGIONAL BENCH PRESS CHAMPIONSHIP  
10/30/2024



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA