



MARYLAND RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT

LENORE GELB

SUCCESSFULLY SET THE
-76 KG MASTER 3 BENCH PRESS SINGLE LIFT
RECORD OF
51 KG

10TH ANNUAL NAPF/FESUPO PAN-AMERICAN REGIONAL BENCH PRESS CHAMPIONSHIP
10/30/2024



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA